

# Columbus Youth Wrestling

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## Code of Conduct

The Columbus Wrestling Club has been established to provide a feeder system of skilled wrestlers for the various middle and high school wrestling programs in the Columbus area. Program goals include teaching wrestling fundamentals, attain physical fitness, instill sportsmanship, and most of all to have fun. In order to accomplish this, the following code of conduct was developed for the Columbus Cyclones and must be followed during all team activities.

- All wrestlers must arrive, be dressed and ready to practice at the assigned time.
- Athletes are to stay in the wrestling room unless given permission to leave.
- There will be No horseplay before, during, or after practice.
- No running in the hallways
- Respect your fellow wrestlers and their property.
- No fighting, punching or kicking
- Respect and cooperate with your coaches at all times.
- When the coach is talking, you are listening.
- All team equipment issued to wrestlers must be returned at the end of the season.
- No abusive language
- Good sportsmanship is expected at all times.
- No food , candy, or soda during practice.

### **Disciplinary action will be taken if any of the above criteria are not met:**

1<sup>st</sup> Offense – Wrestler will sit out for a portion of practice or for the remaining practice time.

2<sup>nd</sup> Offense - The wrestler's parents are telephoned to discuss child's behavior.

3<sup>rd</sup> Offense- The wrestler's parents must attend practice with their athlete.

4<sup>th</sup> Offense- The wrestler is removed from the team for the season.

**Any use of drugs, alcohol, or tobacco at anytime will not be tolerated. This will result in an immediate suspension of the athlete from the team for the season.**

We have read and understand the above and agree to abide by the Columbus Cyclones Code of Conduct.

Wrestler's Name

Parent or Legal Guardian Name

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Wrestler's Signature

\_\_\_\_\_  
Parent or Legal Guardian's Signature

Date \_\_\_\_\_